

Replacing Your Mattresses

By staying proactive in maintaining your hospital mattresses, you are safeguarding the well-being of your patients and promoting a hygienic environment within your healthcare facility. Follow these tips to ensure the integrity of your mattress.



Develop an Inspection Plan

Create an inspection plan for all hospital bed mattresses and mattress covers in your facility.

Follow the manufacturer's guidelines for expected lifespan and any additional recommendations. Replace when necessary.

Contact the mattress cover manufacturer for any additional questions not covered here.



Inspect

Regularly check each hospital mattress cover for any visible signs of damage or wear such as cuts, tears, cracks, pinholes, snags, or stains.

Routinely remove the hospital bed mattress cover and check inside surface. Once the mattress cover is removed, inspect the mattress for wet spots, staining, or signs of damage or wear. Check all sides and the bottom of the mattress.

Be aware that it may be difficult to identify damaged or soiled mattresses without removing the mattress cover first. Mattress covers tend to be dark in color, making it hard to see what lies underneath.



Remove and Replace

Remove any damaged, worn, or visibly stained hospital bed mattress according to the healthcare facility's procedures and manufacturer's instructions.

Immediately replace any mattress cover with visible signs of stains, damage or wear to reduce the risk of infection to patients.



Maintain

Clean and disinfect undamaged mattress covers according to the manufacturer's guidelines.

DO NOT stick needles into a hospital bed mattress through the mattress cover.

